

Reg. No.:.....

**Second B.Sc. Nursing (Ayurveda) Degree Regular/Supplementary
Examinations April 2021**

Swasthavrutha II

Time: 3 hrs

Max marks: 100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers
- Write SECTION A and SECTION B in separate Answer books. Do not mix up questions from Section A and Section B.

Q.P. Code 209009

Section A

50

Essays

(10)

1. Explain "Adharaneeya Vegas" (अधरणीर् वेग).

Short notes

(5x5=25)

2. Snana and its importance (स्नान).
3. Virudhahara (नवरुद्धयहर).
4. Hemantha rithu charya (हेमन्तः ऋतु चर्य).
5. Nidra (ननद्रय).
6. Brahmacharya and its importance (ब्रह्मचर्य).

Answer briefly

(5x3=15)

7. Panathyaya (पयनयत्य).
8. Contraindications of vyayama (व्ययर्मः).
9. Arogya lakshana (आरोग्य लक्षण).
10. Classification of diseases.
11. Brahmamuhoortha (ब्रह्म मुहूर्त).

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Section B

50

Essays

(10)

1. What are Vector Borne diseases and explain any one diseases.

Short notes

(5x5=25)

2. Elements of primary health care.
3. Diabetes.
4. Write about Tuberculosis and DOTS therapy.
5. Principles of health education.
6. Primordial prevention.

Answer briefly

(5x3=15)

7. Vitamin C deficiency.
8. Leptospirosis
9. Measles.
10. Immunization schedule
11. Immunity.
